

Stewart/Hunter Lifestyle

First day of school involves whole Family



At times it seemed that more parents than children attended the first day of school at Brittin Elementary School, Aug. 6.



Young ladies wait in line for their turn to go to the little girls room during the first day of school at Diamond Elementary.

Randy Murray
Public Affairs Specialist

Fort Stewart children are back in school as of Aug. 6. On the first day of school, parents drove as close as they could get to Diamond, Brittin or Kessler elementary schools, then walked another quarter mile or more, hand in hand with their sons and daughters, many with younger siblings in tow.

Moms and dads with children crowded in doorways and hallways, many waited outside their child's classroom to see how well he or she was adjusting to the new world. Others, particularly parents of kindergartners, hung around because it was just hard to let go; that first day of separation was just as hard or harder on the parent as it was for the child.

Odessa Morman, Diamond Elementary School principal, posted herself where she could meet and greet every single child, personally welcoming him or her to school.

Outside, military police directed traffic, which seemed to be backed up for miles. Little children outfitted with book bags clung to their parent's hand, some wearing eager expressions, others apprehensive. Whole Families came to see them off and encourage them or share their fears about the six-hour separation ahead of them.

According to the South Carolina and Fort Stewart Department of Defense Education Activity School District more than 1,900 students were enrolled in Fort Stewart schools this year.

With so many students, most of whom walk to and from school, the community is advised to slow down during school hours. Little children can't always be expected to look both ways before crossing the street. Drivers (adults) are expected to watch out for children and slow down.

For information about installation schools, call administrative services at 767-3636 or the superintendent's office at 369-1494.



Photos by Randy Murray

Dr. Joseph Guiendon, superintendent for the South Carolina and Fort Stewart Department of Defense Education Activity School District, talks to Diamond Elementary School students as they begin their first day of school, Aug. 6.

Library, SCA brings knights' tale to life

Pat Young
Managing Editor

Arts, crafts, music and knightly combat came to life at the George P. Hays Library, Aug. 9 for a special children's story-time, assisted by the Society for Creative Anachronism.

More than 100 community members showed up throughout the day to enjoy the fairytale come to life outside the Fort Stewart library where three pavilions were set up and manned by women in courtly costumes with knights strolling about in Medieval-style armor.

Activities at the event included a children's story-time reading, crown making, dance classes, and a combat demonstration by the SCA warriors using wooden swords made from rattan.

Bobbie Leggins, event coordinator from George P. Hays Library and chil-

dren's programmer, said overall the event was very good. She said the turnout was wonderful and everyone seemed to have a good time.

"The library and its staff is very grateful to the Society for Creative Anachronism for their support," Leggins said. "They donated their time, material and enthusiasm. They put on quite a show; I believe everyone enjoyed it."

Leggins also thanked the installation's Directorate of Morale, Welfare and Recreation for contributing funds, which went to provide free refreshments to attendees.

Leggins added that children's story-time is popular with the youth and is held every Wednesday at 3:30 p.m. at Hays Library. She invites community members to visit, bring their children, and explore the wonderful world of reading. The library's hours are Monday

through Thursday, 9 a.m. to 9 p.m., and Friday through Sunday, 9 a.m. to 4 p.m. For more information, call 767-2828.

The SCA members who assisted at the event were part of the international nonprofit organization, dedicated to historical research and recreation, according to Darren Newton, known in the SCA as Sir Chinua.

Newton, a person who has distinguished himself as a "knight," said the participants were from a local chapter of the SCA representing the Savannah-Hinesville area called Forth Castle.

Newton said that the SCA was generally focused on medieval to pre-renaissance history and culture, with participation activities that range from soap making to fighting. He said the society has something for everyone, whether a person's interest lies in cooking, garment making, music, dance, or just camping with Family and friends.

The fighting is one of the more visible sides of the SCA with warriors clashing, wearing 14-gauge steel helms, using wooden swords made of rattan.

Rob Hunter, known as Lord Dietrich Von Strohein, said he had a background in boxing and grappling but found the armored combat of the combat related demonstrations to be a little safer, while remaining fun and competitive.

Candy Rehfuss said she joined the



Photos by Pat Young

Keyliani Moctezuma, 4, twirls around doing the Maltese Branle, with SCA member Candy Rehfuss at the Hays Library children's story time, Aug. 9.

SCA nearly four years ago, following an interest in dancing. At the event, she shared her knowledge with children and showed them the Maltese Branle, a traditional folk tune where everyone dances in circles with occasional twirls.

Clicy Cravatt, chatelaine (public relations) for the group said she loved the SCA because of the Family participation aspect and the camaraderie amongst the members.

She said people could learn more about their group at www.forthcastle.org.



SCA members Darren Newton and Rob Hunter battle Aug. 9 at the George P. Hays Library's children's story time demonstration.

Pets of the Week



Ingrid the cat and Xite the dog are some of the many homeless pets at the Fort Stewart animal shelter. The shelter has pets of all kinds, sizes, and breeds in their care. If you are interested in adopting, call the Fort Stewart Veterinary Clinic at 767-2842.



Find a deal at the Shop of the Marne

Stop by Shop of the Marne Tuesday or Thursday from 10 a.m. to 1 p.m. or the first Saturday of the month. The Shop is located in building 25 off McNeely Road behind the PX. Come park in our newly created parking lot right in front of the Shop!

MWR Briefs

Get ready for the Soldier Show

The U.S. Army Soldier Show is coming to Fort Stewart and Hunter Army Airfield. The show will be performed at Tominac Fitness Center at 7 p.m. on Sept. 17, with a cast party planned for 8:45 p.m. at the Hunter Club. The show will also be performed at Newman Fitness Center at 7 p.m. on Sept. 24 and 25, with a cast party planned for 8:45 p.m., Sept. 25 at Club Stewart.

Come to Marne Call

Friends and co-workers are invited to Marne Call every Friday afternoon at Fort Stewart and Hunter Army Airfield clubs. Come and enjoy food, karaoke, card games and more in a fun and relaxed environment. Fort Stewart Marne Call is 5 to 10 p.m., at Rocket's Lounge. Hunter's Marne Call is 4 to 7 p.m. at Hunter Club. For more information, call 368-2212.



AAFES PRESENTS

TODAY THROUGH AUG 17



Kitt Kitteridge: An American Girl

Today — 7 p.m.

(Abigail Breslin, Stanley Tucci)

Aspiring reporter Kitt Kittredge can't resist bringing home strays, whether it's Grace, an abandoned Basset hound, or Will and Countee, a pair of young hobos willing to trade work for meals. Bright, inquisitive and generous, Kitt is a natural born leader. But her happy childhood is abruptly interrupted when her father loses his car dealership and must leave Cincinnati to look for work. Kit and her mother Margaret are left to manage on their own, growing vegetables, selling eggs and even taking in an assortment of boarders. *Rated G 101 min*

Hancock

Friday — 7 p.m.

(Will Smith, Jason Bateman)

Hancock's well-intentioned heroism gets the job done and saves countless lives but always seem to leave jaw-dropping damage in the wake. The public has finally had enough, though very grateful for the local hero. Hancock doesn't care what other people think- until the day that he saves the life of PR executive Ray Embrey, which reveals a vulnerable side. Facing that will be Hancock's greatest challenge yet- and the task that may prove impossible as Ray's wife insists that he's a lost cause. *Rated PG-13 (intense sequences of sci-fi action/ violence/ language) 92 min*

WALL-E

Saturday, Sunday — 7 p.m.

(Jeff Garlin, Benjamin Burt)

What if mankind had to leave Earth, and somebody forgot to turn the last robot off? Wall-E, spends every day doing what he was made for. But soon, he will discover what he was meant for, as he adventures across the galaxy chasing his dream. *Rated G 90 min*



Films are subject to availability. AAFES strives to show films according to the published schedule but reserves the right to reschedule, cancel, or substitute showings as needed. For more information, call 767-3069.

HEALTH MATTERS

Winn Army Community Hospital

Immunizations: effective 'body armor' for Soldiers

Mary Katherine Murphy
Army Preventive Medicine

Wouldn't you rather get a shot than be sick for a week or more and risk compromising a mission? This is a question that Soldiers should ask themselves when facing vaccinations at Basic Training and before deployment.

Thanks to vaccinations, humans have the amazing ability to develop immunity to diseases without having to physically experience the disease. Scientists have been able to develop vaccinations to protect individuals from diseases that used to be commonly experienced in the past.

"Vaccinations are excellent tools in preventing serious illness in our Soldiers," explained Lt. Col. Rodney Coldren, a physician and disease epidemiology program manager at the U.S. Army Center for Health Promotion and Preventive Medicine.

How vaccinations work

Vaccinations work by trying to simulate infection by either bacteria or a virus. If a Soldier has immunity against a certain disease, he may not develop that disease if exposed to it or may get less sick because of the immunity the vaccination helped form.

Risks

There are known adverse reactions to some immunizations. The most common reactions are minor, temporary pain at the injection sight, swelling, fever and flu-like symptoms.

Soldiers may experience minor reactions to immunizations because the immune system is stimulated and releases chemicals into the body, "as it would during an actual infection," said Coldren. He said this is what causes the Soldier's body to have minor symptoms (such as a fever) similar to those that would be experienced with the actual disease. More severe reactions are rare, but they do occur.

"There are very rare, serious complications to any vaccination, and different vaccinations have higher complications rates than others," said Coldren.

More rare complications can include neurological reactions and allergic reactions, which can range in severity. Soldiers should know the signs of negative reactions (trouble breathing, hives, rash, fever, muscle weakness), so they can report them to their healthcare provider immediately and receive treatment, Coldren said.

Coldren considers vaccinations to be a better route than experiencing the actual diseases they protect against.

"Any disease for which a vaccine is being given poses a far greater threat to a Soldier's health than the very small risk associated with a vaccination," he said. With rare exceptions, vaccines given to Soldiers are approved by the U.S. Food and Drug Administration.

Vaccinations for adult protection

Vaccinations are given to Soldiers based on the diseases they are at risk of acquiring. Soldiers are given the same vaccinations as any member of the population that might be living in close quarters, such as college students, according to Coldren. These vaccinations include tetanus-diphtheria-pertussis, measles, mumps, rubella meningococcal, pneumococcal, polio, influenza (flu shot), Hepatitis A and B, varicella (chicken pox), and the HPV (human papillomavirus virus) vaccination, which is offered to all women under 26 years.

Soldier medical records are reviewed before basic training. Soldiers who cannot provide evidence of previous immunizations needed for adult protection are administered the appropriate vaccinations at the start of basic training unless a Soldier shows any contraindications (potential for negative reactions). Other vaccinations such as anthrax, Japanese encephalitis, typhoid and yellow fever are given based on

deployment location and potential risk due to mission requirements.

The newest immunization available is the HPV vaccination. HPV is one of the most common sexually transmitted infections and can cause cervical cancer.

"Our young female Soldiers are at the age that is being targeted nationally with this vaccination," Coldren pointed out. The vaccination, which is optional, protects against HPV 6, 11, 16 and 18. HPV 16 and 18 have been found to cause 70 percent of cervical cancer and HPV 6 and 11 cause 90 percent of genital warts.

"Developing a vaccine for one of the most common sexually transmitted infections is a real breakthrough," according to Col. Michael Custer, a public health nurse who heads CHPPM's directorate of Health Promotion and Wellness. Custer said the vaccine can greatly reduce the risk of female Soldiers developing cervical cancer and other reproductive disorders throughout their lives.

"The Department of Defense and Army continually strive to do everything we can to protect our military from diseases at home and abroad," Coldren added.

Soldiers and civilians should do the same by keeping their vaccinations and boosters up to date.

Immunizations protect more than Soldiers; they help protect our way of life and mission readiness. This makes them one of the most cost-effective and successful public health strategies for the Army.

So, instead of moaning and groaning the next time the doctor wants to give you a vaccination, welcome the shot.

For more information visit Military Vaccine Agency, www.vaccines.mil/Default.aspx.

U.S. Food and Drug Administration, information about the HPV vaccination, Gardasil, www.fda.gov/CBER/products/hpvmer060806qa.htm.

CHAPLAIN'S
CORNER

Chap. (Capt) Andrew Nix
5/7 CAV Chaplain

We all have different definitions of love. We think we know what it is and that we have all seen love. We also think we have been in love but are not really sure. Maybe you saw love when you said the words I do to your spouse as you were getting married. Maybe you saw and heard love as a newborn sees its mother for the first time. Maybe you saw love as a Soldier went to save another Soldier who had been injured on the battlefield, as they rushed to provide treatment and aid to a brother who had fallen. These are all good ideas and examples of love. However, they are not the best examples of love that is available for us to study.

I think the best example of love was demonstrated almost two thousand years ago, when a man was willingly murdered for you and for me. He was convicted of false charges, beaten within an inch of his life, and then murdered in one of the most painful ways to die that the world has ever

Love is ...

known. He died to offer pure and perfect love to you and me.

In the Gospel of John, chapter 3:16, it states "For God so loved the world, that He gave his only begotten Son, that whosoever believes in Him, shall not perish, but have everlasting life." This is perfect love, to die at the hands of your enemies so that you may give life to the world. This perfect love is offered to the whole world, regardless of who you are or what you believe.

This is an interesting problem for many people today. Many do not like to think the "bad" people should receive any kind of love. If we are honest with ourselves, we will realize that none of us are good enough to receive the pure and perfect love that comes for the sacrifice of Jesus Christ, yet we still receive it. Who are we to judge as to whether or not anyone else is "good enough" to receive love. The only one who can make that judgment is the one who is offering that pure love. The choice is yours, the choice to receive that love and pay homage to the one who suffered and died for you.



Army
Chaplain
Corps
turns
233

Pvt. Jared Eastman
Maj. Jim Sheil, the oldest chaplain in the Hunter Army Airfield-Fort Stewart community and Pvt. Christopher Perry, the youngest chaplain assistant, cut a cake honoring the Chaplain Corps' 233rd birthday, Aug. 8. The Army Chaplain's Corps. was created in 1775.

Chapel Schedule

Fort Stewart

Catholic	Location	Time
Saturday Vigil Mass	Main Post Chapel	5 p.m.
Sunday Mass	Main Post Chapel	9 a.m.
Protestant		
Contemporary Worship	Marne	11 a.m.
Gospel Worship	Main Post	11 a.m.
Traditional Worship	Marne	9 a.m.
Liturgical Worship	Heritage	11 a.m.
Kids' Church	Diamond Elementary	11 a.m.
PWOC (Wednesday)	Marne	9:30 a.m.

Islamic		
Friday Jum'ah	Marne	1:30 p.m.
Contact Yahya Hassan at 876-5546.		
Jewish		
Contact Sgt. 1st Class. Crowther at 980-9295.		
Friday	Marne	11:30 a.m.

Hunter Army Airfield

Catholic		
Sunday Mass	Chapel	11 a.m.
Protestant		
Sunday Service	Chapel	9 a.m.

Kids Church
Where God rocks

10:45 a.m. to noon, Sunday
at Stewart School Age Services, across from
Diamond Elementary; or at Hunter Chapel
Fellowship Hall, Sunday at 9:15 a.m.

For all kids Grade K-5

Fort Stewart bus pick-up

10:15 a.m. - Liberty and Hendrich, Liberty and Sicily, Liberty
and Anzio, Liberty and Rome

10:20 a.m. - Jasmine and Skyland Spruce, Jasmine and Liberty
Wood, Wild Fern and Golden Birch

10:30 a.m. - Schofield and Sansidro, Schofield and Hollandia,
Rogers and Argyle

10:40 a.m. - Naktong and New Guinea, Ormoc and New Guinea

10:50 a.m. - Marne Chapel

10:55 a.m. - Main Post Chapel

For more information, email
fortstewartkidschurch@yahoo.com

Fort Stewart Chapel
Youth Ministry

Junior and Senior
High School Students!

Join us for
free games and pizza

Sunday • 6:30 to 8 p.m.

at the Stewart Youth Activity
Center,
building 7338.

For more information,
call 877-7207

Spend time with the PWOC

Protestant Women of the Chapel invites all women to our Fall kick off program "At the Redeemer's Feet," 9:30 a.m. to noon, Aug. 20 at Marne Chapel. Free Child care for children registered at Child and Youth Services, newborn to age 6. For more information, call 210-632-6235 or (704) 467-3650.

Coastal Happenings

Courtesy of the Coastal Courier

Human Resource meeting held

Coastal Society of Human Resource Management meets on the fourth Thursday of every month. If you are a human resource professional and would like to attend a meeting or receive more information, contact Holly Stevens-Brown, chapter president at 876-3564.

DAU offers learning opportunities

The Defense Acquisition University Continuous Learning Center offers continuous learning opportunities designed to maintain currency and help AT&L employees meet the Department of Defense requirement to complete 80 points of continuous learning every two years.

The center includes nearly 200 self-paced continuous learning modules that address topics important to the community. DAU would like to introduce Continuous Learning Modules online classes. Learn more at clc.dau.mil.

Take time to relax, go fishing

The Liberty County Bass Club is looking for community members who enjoy fishing. The club is a diverse group of anglers who know where the good fishing spots are or want to know.

The LCBC meets at Hinesville City Hall the first Thursday of the month. Activities include participation in the Georgia Top Six Tournament each year, and hosts frequent local tournaments.

For more information, call 320-2315.

Enjoy summer activities in Statesboro

Splash in the Boro is now open. The Raptor Center at Georgia Southern has opened their new wetlands wildlife exhibit and the museum has a new adventure maze that will challenge you to explore Georgia's different habitats.

Wind down in the evenings at Meinhardt Vineyards and Winery and get a taste of their new wine, Mill Creek!

Live Oak Public Libraries' programs

Live Oak Public Libraries' Programs at the Liberty Branch Library and Midway-Riceboro Branch Library includes:

Preschool Story time: Join us for stories, songs, and more each Monday, 10:30 a.m. at the Liberty Branch Library. The event is for children three to four years old.

Tree Tots Storytime: Join us for stories, songs, and more, 10:30 a.m., each Tuesday at the Liberty Branch Library. The event is for ages one to two years old.

Notice of Washington Ave road closure

East Washington Avenue will remain closed for utility work between U.S. Highway 84 (Oglethorpe Highway) and Bradwell Street (south) until Sept. 16. This closure is intended to limit future closures and expedite the construction process.

Mama Turn the Radio On comes to stage

Donald Lovette and Love-it-productions presents the play, 'Mama Turn the Radio On,' 6 p.m., Friday at Brewton-Parker College Auditorium. Tickets for red carpet night are \$20; the community showcase is 7 p.m., Saturday for \$10. In addition, the show will be presented 5 p.m., Aug. 17 for \$10 at the Full Gospel Tabernacle Church at 809 Frank Cochran Drive for the grand finale. For questions, please call 977-3293.

Main Street lane closes temporarily

There will be a temporary closure of the right turn lane on south bound Main Street between West Washington and Memorial Drive between the hours of 8 a.m. and 5 p.m., Aug. 13 and 14, to allow for utility work. North bound and south bound thru traffic lanes will remain in service.

Your patience and support is appreciated as work on the Washington Avenue/Memorial Drive Realignment Project continues.

Take a trip to Walt Disney World

Walt Disney World presents "Welcome Home Marne Division," a special package scheduled for Aug. 30 to Sept. 4.

As a member of 3rd Infantry Division, Disney is offering you and your dependents a special package offer at Disney's Coronado Springs Resort.

Special Package includes: special rates at Disney's Coronado Springs Resort, Special Park Hopper ticket rate, VIP Welcome Home event scheduled for Aug. 31; and Epcot Dessert Party just for the Marne Division.

Culberson to headline annual blues concert

Special to the Frontline

The Hinesville Area Arts Council recently announced that it will host its 5th Annual Blues and BBQ event in Hinesville Sept. 20. The popular annual event combines sensational blues and tasty BBQ with an evening of fun that cannot be missed. The Eric Culberson Blues Band will headline the event for the second time. Culberson and his band left the crowd wanting more during his 2006 performance at Blues and BBQ. Also performing on the show will be Fatback and the Groove Band. Admission to the event is free and many local vendors will offer an impressive selection of BBQ for purchase.

Headliner Eric Culberson is no stranger to the

Coastal Empire. Culberson, originally from Liberty County, now calls Savannah home and is considered by many to be Savannah's greatest blues talent. Eric and his band worked the usual club circuit in Savannah and became a local phenomenon. Culberson bursts onto the regional blues scene and has not looked back.

His unmistakably authentic and energetic approach to blues combines many types of blues into a musical style that has thrilled audiences for over 14 years.

The opening act for the evening will be Fatback and the Groove Band from Columbia, S.C. One of South Carolina's most successful blues groups, the band is headed by Barry "Fatback" Walker. Walker

has blended his passion for blues and cooking into his Columbia restaurant, Mac's On Main. Walker and his band perform blues and jazz to their diners as well as audiences throughout the Southeast.

Everyone is invited to the free concert at Bradwell Park Sept. 20. Bradwell Park is located at the intersection of Commerce Street and Martin Luther King, Jr. Drive next to the Liberty County Courthouse.

BBQ vendors will begin selling their meals at 6 p.m. and opening act Fatback and the Groove will take the stage at 7 p.m. Culberson is expected to begin his performance at 8:30 pm.

This event is presented by the Hinesville Area Arts Council. Guests are invited to bring their lawn chairs and enjoy the concert.



Congratulations on your graduation
3d Infantry Division
Noncommissioned Officers' Academy
Warrior Leader Course Class 12-08



The X-files: I want to believe, reviewed

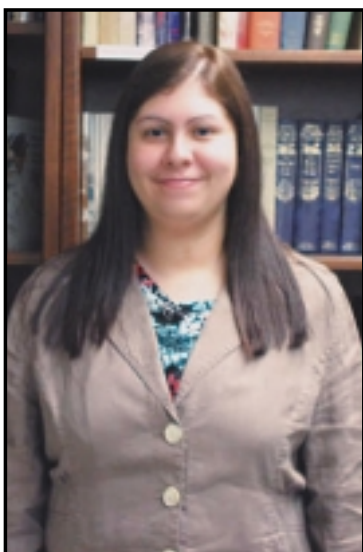
Commentary by:
Sasha McBrayer
Frontline Contributor

The television phenomenon known as "The X-files" lasted 9 seasons, beginning in 1993 and ending in 2002. The first movie in the series was subtitled "Fight the Future." It premiered in 1998 and in many ways was just a long, exciting episode, which we had to pay to watch. In it Agent Mulder has one of his closest run-ins with an alien vessel (without being smuggled aboard), however Agent Scully is unconscious and never believes any of it occurred.

X-philes (fans of the series) like myself understand that the constant give and take between believer and skeptic are a trademark of the series. Many have even come to enjoy David

Duchovny's amazing skill at making fun of himself as he rapidly deadpans one of his insane theories, as well as Scully's stubborn refusal to believe anything but hard evidence despite her own experiences, her own faith, and even her own intuitions.

Though it has been over 5 years since the last show aired (aside from re-runs) it hasn't seemed like such a long time for X-philes like myself who continue to collect episodes on DVD.



In a way, the new sequel, "The X-files: I want to believe" will face the most scrutiny from X-philes. The characters are still fresh in our minds and must ring true. Aside from that, we've seen it all in 9 seasons, and it must have been quite a task to bring a new, big screen X-file to life.

Like the first film, "I want to believe" is really one long, exciting episode. Unlike the first film, it has nothing to do with aliens or black oil or government conspiracies. It stands on its own beautifully, however critics

are calling it...depressing. There is a sullen mood to the film and the usual dark material, but for director Chris Carter, this movie was a chance to prove once and for all that Mulder and Scully are realistic creations who could have a real relationship, no matter how opposite they are and no matter how dark and drastic their trials are.

For me, the film is a success. It features a fantastic X-file. It proves Mulder and Scully can, did, and always will work well together professionally and romantically. Actors Amanda Peet and "Xhibit" mesh wonderfully into the cast. Hold your breath, because Skinner makes an appearance! Best of all, Carter has speculated about a third film for the year 2012. If you're an X-phile, I must also suggest you stay seated through the credits.

Step into the
GROOVE

Come check out the
Fort Stewart Enlisted Spouses' Club
and the
Fort Stewart Officers' Spouses' Club
during a night of food, shopping and
fun!



ESC and OSC are hosting a
membership drive

August 15 from 6-8 p.m. at Club

Stewart.



Volunteer Spotlight

Rosalee Palmer-Lee of Miami is an American Red Cross volunteer working in Referral Management at Winn Army Community Hospital.

Palmer-Lee volunteers because she wants to gain experience and learn more about different areas within healthcare. Her interests and hobbies include traveling, music, religious and cultural education and cooking.

If you'd like more information about becoming an American Red Cross volunteer at Winn, call Brigitte Shanken at 435-6903.





Army Community Service

Welcome to the Army Community Service Family Page. Our mission is to provide services to support readiness of Soldiers, their Families, and communities to promote self-reliance, resiliency, and stability. We offer training classes, support groups, and Family advocacy programs. Services are offered to active, retired, reserve, and National Guard Soldiers and their Family members, regardless of branch of service. Department of Defense civilian employees (NAF and APF) are also eligible for most services, as are their Family members. ACS is a member of the Morale, Welfare and Recreation Family, proudly serving America's military.

For information or to register for programs at Fort Stewart, please call 767-5058/5059. For information and registration at Hunter Army Airfield, please call 315-6816.

New to the installation?

Soldiers and Families who are new to Fort Stewart are invited to a special "Newcomers' Summer Welcome," Aug. 21. Learn about the many agencies, events, programs and services available to help with your transition to the area. You'll also meet other Soldiers and Families who are new the community. To register, visit the ACS Outreach office located at the Soldier Service Center, building 253, or call 767-9176. At Hunter, newcomers are invited to a windshield bus tour of the post, Aug. 21. The bus departs from ACS-Hunter, located on Neal Boulevard in building 1279. For information, call 315-6816.

Prepare (now) for the holidays

Your Financial Readiness team has ideas for affordable gifts and will help you to develop a gift-giving plan so you won't go broke. Sign up now for "Prepare for the Holidays," scheduled from 6 to 8 p.m., Aug. 20. By getting a head start on the holidays now, you can look forward to starting the New Year with your bank account intact.

Another finance class teaches you how to manage your checking account, avoid excess fees, and get control of your money. Also sign up for the two-hour checkbook management class at Stewart, Aug. 22. To register, please call 767-5058 or 767-5059.

Are your kids driving you crazy?

Join the Military Family Life Consultants for an informative discussion on how to better understand each child's abilities and how to best provide the rules, expectations, and discipline that will help your children become outstanding community members. No pre-registration is required; simply come to this presentation at ACS-Hunter, Aug.18 beginning at 12:30 p.m. The session is also offered at ACS-Stewart Aug. 20 beginning at 10:30 a.m. For directions or information, please call 315-6816 at Hunter or 767-5058 or 767-5059 at Stewart. Also ask about child care.

Meet other spouses

Hunter spouses who are from other countries are invited to participate in the Foreign-Born Spouses group at ACS-Hunter beginning at 11 a.m., Aug. 18. Stewart offers a coffee group for Hispanic spouses Sept. 4, and a coffee group for German spouses Sept. 11. Both coffee groups meet at the Relocation Office beginning at 1 p.m. "Hearts Apart," a support group for all spouses whose loved one is away, meets at Stewart beginning at 11 a.m., Aug. 20. For information, call 315-6816 at Hunter or 767-5058 or 767-5059 at Stewart.

Learn how to log volunteer hours

At Hunter, everyone who has a volunteer working in their area is invited to a VMIS registration workshop to receive hands-on assistance with the online software program that tracks volunteer hours, Aug. 22. You will also meet the new installation volunteer coordinator and enjoy light refreshments. Please call ACS-Hunter at 315-6816 to let us know you will be coming.

Family members invited to AFTB

Family members at Fort Stewart are encouraged to

register for free training offered by Army Family Team Building. Living within an Army Family culture can be challenging, and AFTB helps by teaching you the knowledge and skills to thrive in the military lifestyle

"Instructor Training" is particularly beneficial for high school students and spouses to learn skills that can lead to increased success in college and/or your career. Topics include presentation skills and methods for delivering outstanding training, Aug. 18-20.

The "Dogface Soldier for Families" class teaches the history of Fort Stewart, the 3rd Infantry Division, the Dogface Soldier song, the story behind our mascot Rocky, and much more. The class is held at the Fort Stewart Museum and concludes with an informative museum tour, Aug. 20.

"Making Army Life Great" focuses on topics such as personal development, emerging leadership, time management skills, adapting to change, and more, Aug. 27-29. Call 767-5058 767-5059 to register for AFTB classes. Also ask about child care information.

Attend FRG training

Hunter offers several Family Readiness Group trainings beginning with the "FRG Basic Course," Aug. 25. New FRG Leaders are encouraged to attend to learn an overview of the FRG, tasks during the deployment cycle, expectations and roles for FRG volunteers, communicating with Families, dealing with the media, resources and funding, and more.

"Key Caller Training" includes key caller duties, dispelling rumors, handling crisis calls, and how the Key Caller fits into a successful FRG, Aug. 26.

"Treasurer Training" is designed for commanders, FRG Leaders, and Treasurers within the FRG, Aug. 28. Topics include the rules and regulations that govern the FRG to include available financial resources, fundraising rules and responsibilities, and more.

Please call 315-6816 to register for these FRG training sessions at Hunter.

Attend the Employment Workshop Series

If you are seeking employment, take advantage of the "Employment Workshop Series" offered at both Stewart and Hunter locations. Designed to help you succeed in your employment search, employment classes are scheduled back-to-back, giving you the option of attending several sessions in one day, or choosing to register only for those sessions that meet your needs.

The topics for the next session include goal setting, career planning, computer literacy, resume writing, and dress for success. These workshops will be held Aug. 19 at Hunter and will repeat Aug. 20 at Stewart beginning at 9 a.m.

The next session offers "Employment and Career Orientation," "Military Spouse Employment Orientation," and "Insider's Tips to Resumix," Aug. 26 at Hunter and Aug. 27 at Stewart, both beginning at 9 a.m.

Please call 767-5058/5059 at Stewart or 315-6816 at Hunter to reserve your spot, as seating is limited.

Moving soon?

Ease the financial burden of your next move by participating in "Financial Planning for Permanent Change of Station" moves. The class is offered each Thursday at Stewart and Aug. 26 at Hunter. You'll learn how to plan monthly expenses during a PCS move and how to avoid pitfalls during a move.

For those moving to Alaska or Hawaii, an overseas briefing offers the opportunity to learn about your new duty station. You will receive a packet of information pertinent to your new duty station, as well as learn about services that will help make your move a smooth one. Soldiers and Family members are highly encouraged to attend the overseas briefing at Stewart, Aug. 19 or at Hunter, Aug. 20. Call to 767-5058 to register at Fort Stewart, or call 315-6816 to sign up at Hunter. Also ask about "Kids on the Move," a new program to help children learn about their new home.

Learn to understand investments

Investing is easier than you think. Find out more at the finance workshop "Basic Investing," a four-session seminar held Tuesday evenings from 6 to 8 p.m. beginning Aug. 26 at Stewart. You'll learn about the

different types of investment options, products, and languages. Call ACS at 767-5058, or 767-5059 to register.

Take a break with EFMP events

On Aug. 27, EFMP parents are invited to attend a discussion on the "Individualized Education Plan" held in conjunction with "Parents' Night Out," the presentation begins at 6:30 p.m. at the Family Readiness Center, building 87. Both Fort Stewart and Hunter locations offer supervised activities at the CYS Child Development Center for children enrolled in the Exceptional Family Member Program from 6 to 9 p.m. Children must be registered with CYS and also enrolled in EFMP to participate, and advance sign-up is required. To register, call 767-5058 at Stewart or 315-6816 at Hunter.

Respite Care funding is available to pay for up to 40 hours each month for those enrolled in the EFMP. Why not take a break and let Respite Care make payment to the provider of your choice? Summer fun for EFMP Families is offered at both The Springs water spray park and Corkan outdoor pool. Early access (before regular hours) is offered at The Springs, 10 to noon, every Tuesday, and early-access hours at the pool are 9 to 11 a.m. every Thursday. Advance registration is not necessary; simply sign in when you arrive.

For more information on the Exceptional Family Member Program, please call 767-5058 or 767-5059 at Stewart or 315-6816 at Hunter.

Learn to manage stress, anger, conflicts

What triggers your stress? How do you react to an angry person? How does anger affect you? Learn skills to identify stress triggers, methods to manage your emotions, and positive techniques for dealing with anger, either your own or someone else's. Sign up now for the full-day workshop at Hunter, Aug. 27. Please call 315-6816 to let us know you will be coming as seating is limited.

Get parenting support

Meet other parents and discuss the joys and concerns of parenting your new baby. A caring, knowledgeable professional from New Parent Support facilitates group discussions on a variety of topics determined by individual and group needs. At Hunter, the group meets twice weekly on Tuesday and Thursday at 2 p.m. at ACS located on Neal Boulevard, building 1279. If you have parenting questions, concerns, or just want to talk to someone, please contact ACS to request a home visit, or stop by your ACS center and ask to speak to a New Parent Support professional. Free educational resources include books, classes and support groups. To contact New Parent Support or to register for classes, call 767-5058 767-5059 at Stewart or 315-6816 at Hunter.

Music, toys, fun for little ones

Parents are invited with their children (ages 0 to 5) to spend time playing together. Led by an energetic and playful adult from our New Parent Support Program, the "Play Mornings" are designed for meeting, sharing, and playing with other military Families in a fun, upbeat atmosphere. Come on down and see what all the fun is about! Fort Stewart's play group meets at the Bryan Village Youth Center on Tuesdays and Thursdays from 10 to 11:30 a.m. Call 767-5058 for more information.

Hunter offers the play group every Thursday at 10 a.m. at ACS-Hunter located on Neal Boulevard in building 1279.

Need to talk?

When you have a lot on your mind, talking it over with a caring knowledgeable person can really make a difference.

The Military and Family Life Consultants are available to provide free and confidential support when you are having difficulty coping with issues related to daily life. The Consultants are available at both Fort Stewart and Hunter Monday through Friday from 8 a.m. to 8 p.m., and they also offer off-post appointments in the local communities. Call 704-9505, 492-6367, or 492-6428 to request an appointment.

Support Groups

Something for Everyone



Army Community Service offers many opportunities to meet other Army Families for support and friendship.

For information, call 767-5058/5059 at Fort Stewart or 315-6816 at Hunter Army Airfield.

Chill and Chat

To discuss deployment or any other concerns held each Monday 9 a.m. at the Post Exchange food court, hosted by the Military and Family Life Consultants. Play land is open for the kids.

Grandparents and Caregivers Support Group

For those who are taking care of children while their parent is deployed, held each Monday, 9 a.m. at the PX food court.

Boot the Baby Blues

For mothers with new babies to discuss post-partum blues and parenting concerns, each Tuesday at 10 a.m. at the Southern Oaks Community Center. Hosted by the New Parent Support Program.

Hearts Apart

This program helps provide support and friendship while your loved one is away. They meet the first and third Wednesday, 11 a.m. on Fort Stewart at the Leisure activities relocation office, building 443.

On Hunter it is the second Tuesday at the Hunter ACS building 1279.

Foreign-Born Spouse Groups

For spouses from other countries, to network, share resources, discuss the American way of life, develop friendships, and learn about the many resources available to help make your new life a positive experience. Children are welcome. The group meets at Hunter monthly every third Monday at 11 a.m. at ACS, building 1279.

At Stewart, Grupo Hispano, Hispanic coffee group is held monthly every first Thursday at 1 p.m. and Deutscher Kaffee Klatch, German coffee group is held monthly every second Thursday at 1 p.m. Both meet at building 443, Leisure Activities in the relocation office.

It's An Exceptional Life

A support group for Families enrolled in the Exceptional Family Member Program meets monthly 6:30 p.m. on the third Thursday at the Stewart ACS Family Readiness Center, building 87. Various presentation topics are offered each month.

Parenting Support Group

Hosted by the new parent support program. The event is for moms with new babies to discuss the joys and challenges of motherhood, held each Tuesday and Thursday, 10 a.m., at the Army Community Services building on Hunter, 230 Neal Blvd., building 1279. A new group is forming for Fort Stewart, please call to sign up.

ACS shares your concerns

Randy Berube
Public Affairs Specialist

Soldiers returning from Iraq and Afghanistan made history with the support they provided there; however, many of them and their Family members may need assistance in re-integrating at home.

The Military and Family Life Consultants offer workshops every Wednesday on Fort Stewart, at the Family Readiness Center, building 87 for Soldiers and military spouses and any other military-related personnel. The program addresses issues of redeployment on a casual basis, with no records being kept on the consultation.

The workshop topic Aug. 20 is "My kids are driving me crazy!" It starts at 12:30 p.m. The same workshops are held every Monday at Hunter Army Airfield, building 1279 at 12:30p.m.

Other workshops include Family reintegration, combat stress, anxiety and child care and are provided by the Army Community Service whose mission is to help Soldiers and Families experience a smooth and successful redeployment.

Bess Stone, Mobilization and Deployment

Program Manager said the classes are free and slots are always available. She said more people could benefit from the program.

"The Army knows that redeployment is stressful. The MFLC's have been working on Fort Stewart for two years now, and no one is turned away," said Stone.

Wednesday's workshop will deal with issues of parenting for kids of all ages.

"Participants feel reassured that others are grappling with the same problems," Stone said.

The director will discuss how to better understand each child's abilities and how to best provide the rules, expectations and discipline for your child to become the outstanding community member you want him or her to be, or just to behave. This workshop is held every third Wednesday of the month. Come and meet other parents dealing with similar situations and break bad behaviors before they interfere with your child's development.

For more details contact the MFLC's on Stewart at 767-5058, or for Hunter 315-6816.

4th Annual College Probe 2008

Interested high school juniors & seniors should contact their respective schools to inquire about how they can attend.

Thursday, October 30
9:00 a.m. - 12:00 p.m.
Education Center

Free and open to the public.

The annual College Probe will be co-hosted by the Child and Youth Services Program and the Fort Stewart Education Center. Over 70 colleges and technical schools will be represented at the College Probe. This event is open to Soldiers, Family members and the community. For more information, contact the YESS School Liaison Office at 767-6533.

Don't Miss Out!!

New Web site assists with post deployment

Special to the Frontline

The U.S. Army, with oversight by TRICARE Management Activity, has created an interactive Web site that allows servicemembers and their Families to explore behavioral health information. The site, www.afterdeployment.org, launched Aug. 5. “*Afterdeployment.org* serves as an interactive, self-help solution to assist with behavioral health needs following deployment,” said Army Maj. Gen. Elder Granger, deputy director, TMA. Authorized by legislation, the site is a pilot project to help servicemembers deal with Post Traumatic Stress Disorder and other behavioral health condi-

tions. Visitors to *afterdeployment.org* will notice the user-friendly environment. By clicking on a video link play button, users can watch veterans, spouses and other Family members tell real-life stories about how war changed their lives and how they dealt with the demands of readjusting after combat deployment. In addition to these first-person accounts, a tool bar on the left side of the Web site links beneficiaries to educational topics that include: Getting Help, Check How You’re Doing, Staying Healthy Where You Live, Stories from Home and Far Away, and Links, Books, Blogs & Pods. In each of these areas, addi-

tional links offer detailed information on chosen subjects. In addition to the site’s user-friendly environment, privacy is of paramount concern, and users don’t have to register to access the site. *Afterdeployment.org* provides confidential education on sensitive issues such as stress and triggers, conflict at work, reconnecting with Family and friends, moods, anger, sleep, substance abuse, stress management, kids and deployment, spiritual guidance, living with physical injuries, and health and wellness. Users can visit www.afterdeployment.org to use the interactive tools and resources.

BIRTH ANNOUNCEMENTS

Provided by Winn Army Community Hospital

- August 1**
- ***A’Shariya’ Renee’ Best***, a girl, 5 pounds, 14 ounces, born to Kristen Best (dependent daughter of Staff Sgt. Cedric Henderson.)
 - ***Bailey Brooke Kitts***, a girl, 7 pounds, 8 ounces, born to Staff Sgt. Jarrett Kitts and Ashley Kitts.
- August 2**
- ***Keagan Louis Mosher***, a boy, 6 pounds, 13 ounces, born to Staff Sgt. Ryan Mosher and Kelly Mosher.
- August 5**
- ***Victor Manuel DeJesus III***, a boy, 6 pounds, 3 ounces, born to Spc. Victor DeJesus II and Michelle C. DeJesus.
 - ***Audrey Evelyn Johnson***, a girl, 7 pounds, 15 ounces, born to Maj. Todd J. Johnson and Amy L. Johnson.
 - ***Sheena Daylin Moran***, a girl, 6 pounds, 15 ounces, born to Spc. Scotty Lee Moran and Hayli Diane Moran.



Prevent insect attacks

- Keep as much skin covered with clothing
- Avoid bright colored clothing
- Use insect repellent regularly
- Avoid areas with insect nests
- Check daily for ticks on your body
- Avoid perfumes, colognes or other items that may attract insects.

Army Safe is Army Strong

Winn Briefs

Winn/Tuttle observe holiday
Sept. 1 is Labor Day, a federal holiday. On that day, services at Winn Army Community Hospital will be limited to inpatient care and emergencies. The pharmacy will be closed Sept. 1. Full operations will resume Sept. 2. All services, to include the pharmacy at Tuttle Army Health Clinic and the Hawks Troop Medical Clinic will be closed Sept. 1. Full operations will resume Sept. 2.

Patient, Family Centered Care meets
Interested in becoming a patient advisor? Help us help you by joining the Patient and Family Centered Care Advisory Council meeting at Winn Army Community Hospital or Tuttle Army Health Clinic. Winn’s meeting is scheduled for 11:30 a.m. Sept. 16 at Winn’s Patriot Auditorium. For more information, call Linda King at 435-6225 or e-mail to Linda.king2@amedd.army.mil. Tuttle’s meeting is scheduled for 1 p.m., Sept. 18 at Aviation Brigade Classroom, Hunter Army Airfield. Patient and Family Centered Care standards include involving patients and Families in all aspects of the planning and delivery of healthcare services. Bring your recommendations to improve your healthcare experience.

Vet clinic number changes
The veterinary clinics at Fort Stewart and Hunter Army Airfield have a new phone for appointments. Treatment at both facilities is by appointment only. To schedule an appointment, call 435-6633 and say “Veterinary Clinic.” For more information, call 767-4194.

Update DEERS
Update DEERS to receive healthcare. Beneficiaries must keep their DEERS information up-to-date or they may not be able to receive referrals, schedule appointments or access TRICARE Online. Winn Army Community Hospital and Tuttle Army Health Clinics use DEERS information to contact you regarding referrals and appointments. DEERS information can be updated by calling 1-800-538-9552, visiting www.tricare.osd.mil/deers/default.cfm, or stopping by

building 253 on Fort Stewart.

Women Wellness Center moves
In preparation to serve you better, Winn Army Community Hospital’s Women’s Wellness Center and OB/GYN Clinic has relocated to a transition building at 1220 Niles Ave., building CT004, behind Winn’s Emergency Department. Labor and Delivery and the Mother Baby Unit will still remain on the 4th floor of Winn. For more information, call 435-6633.

Behavioral Health moved
Winn Army Community Hospital’s Behavioral Health Clinic is now located at 1083 Worcester Ave., building 9242 Fort Stewart, across the street from Winn. For more information, call 767-1647.

Behavioral Health helps Family
Behavioral Health services for Family Members are available at either Value-Options TRICARE at 1-877-298-3514 or Military OneSource at 1-800-342-9647. Retirees requesting service may call Value-Options TRICARE at 1-800-700-8646.

Get student screenings
Children ages four and older entering Georgia’s school system for the first time must have the Georgia Certificate of Eye, Ear and Dental Screening form and the Georgia Certificate of Immunization completed. Winn’s mass school health screening will be by appointment only Aug. 23, from 8 a.m. to 2 p.m. and will include hearing tests, vision tests, dental exams and immunizations administration. Sports physicals are also available by appointment only.

Tuttle’s mass school health screening will be by appointment only Aug. 23, from 8 a.m. to noon and will include hearing tests, vision tests, dental exams and immunizations administration. Sports physicals are also available by appointment only. To schedule an appointment at Winn or Tuttle call, 435-6633 or 1-800-652-9221. Please turn-in all medical records and copy of shot record no later than Aug. 21. This will help expedite the process and reduce your waiting time.

Army Community Service New Parent Support Program

Play Group Playmates

Lots of toys and happy noise with delightful Army girls and boys!

For children ages 0-5 and their parents

Fort Stewart: Each Tuesday and Thursday
Bryan Village Youth Center
10 to 11:30 a.m.

Hunter: Thursday
ACS-Hunter, 230 Neal Boulevard, building 1279
10 to 11:30 a.m.

For information, call 767-5058 (Stewart) • 315-6816 (Hunter)